



6:55	21	1/22	Kristina Hubert	35 F	Queensbury	NY	27:38
6:59	22	3/5	Luke Ducharme	18 M	Brushton	NY	27:56
7:01	23	1/6	Brooke Wright	11 F	Greenwich	NY	28:01
7:06	24	1/27	Nicole Loscalzo	40 F	wells	VT	28:23
7:09	25	4/13	Rob Sheftel	45 M	Troy	NY	28:35
7:12	26	1/10	mike regan	57 M	queensbury	NY	28:46
7:14	27	2/8	Hunter Godeck	25 M	Saratoga Spring	NY	28:55
7:15	28	5/13	Frank Stecluk	49 M	Queensbury	NY	28:59
7:18	29	5/15	David Smith	44 M	Lake Placid	NY	29:10
7:18	30	2/27	Joanne Burns	40 F	Queensbury	NY	29:11
7:19	31	1/9	Dennis Fillmore	61 M	Ballston Spa	NY	29:14
7:20	32	5/22	Gary Guilfoyle	50 M	Ballston Spa	NY	29:18
7:23	33	2/9	Mark Sager	63 M	Kattskill Bay	NY	29:32
7:24	34	6/15	Joe Forbes	44 M	Hudson Falls	NY	29:34
7:26	35	6/22	Mike Smith	50 M	Argyle	NY	29:43
7:26	36	2/10	Kirk Fasking	56 M	Lake Placid	NY	29:44
7:27	37	7/22	Paul Stevens	53 M	Saratoga Spring	NY	29:46
7:28	38	7/15	Lance Decker	43 M	South Glens Fal	NY	29:51
7:29	39	2/9	Jason York	35 M	hadley	NY	29:54
7:30	40	2/22	Rebecca Conley	39 F	Northville	NY	29:59
7:30	41	3/8	Chris Mack	29 M	Brandon	VT	29:59
7:31	42	3/22	Sarah Reed-Hauenste	36 F	Saratoga Spring	NY	30:04
7:34	43	1/6	Kitty Fair	57 F	Fort Ann	NY	30:13
7:34	44	3/9	Rich Elton	61 M	Queensbury	NY	30:16
7:36	45	8/22	Gerry Florio	51 M	Glens Falls	NY	30:24
7:38	46	3/27	Amy Gould	42 F	Hudson Falls	NY	30:30
7:39	47	3/10	Christopher Kunkel	57 M	Pottersville	NY	30:34



67	6/27	Jody Monroe	43 F	Ballston Lake	NY	31:44
7:56						
68	3/21	Angie Thomas	24 F	Saratoga Spring	NY	31:44
7:56						
69	1/4	Tom Craigs	65 M	Manchester Cent	VT	31:45
7:57						
70	5/9	Daniel Wallace	38 M	Queensbury	NY	31:53
7:59						
71	4/21	Rachel Meyers	25 F	ballston spa	NY	31:56
7:59						
72	6/9	Brett Schermerhorn	36 M	Shelburne	VT	32:13
8:04						
73	4/5	Eric Dumas	15 M	Salem	NY	32:29
8:08						
74	5/21	Lindsey Johnston-Br	25 F	rutlant	VT	32:33
8:09						
75	6/10	Thomas Behlmer	56 M	Queensbury	NY	32:35
8:09						
76	7/27	Heidi Whitney	40 F	Granville	NY	32:38
8:10						
77	9/13	Bryan Horan	46 M	Ballston Spa	NY	32:42
8:11						
78	8/15	Erin Commerford	43 M	Clifton Park	NY	32:52
8:13						
79	9/15	Keith Cottone	42 M	Queensbury	NY	32:58
8:15						
80	5/5	JOEY LAUDER	14 M	GREENWICH	NY	33:05
8:17						
81	2/12	Sandy Adams	54 F	Shushan	NY	33:11
8:18						
82	9/22	Jim Sullivan	53 M	No Bennington	VT	33:12
8:18						
83	6/10	Randy Holmes	32 M	Salem	NY	33:18
8:20						
84	6/22	Michele Patsos	37 F	Baltimore	MD	33:20
8:20						
85	10/13	Brian Donohue	46 M	Queensbury	NY	33:38
8:25						
86	4/23	lisa dennison	48 F	queensbury	NY	33:39
8:25						
87	10/15	Matthew Miner	41 M	Lake George	NY	33:41
8:26						
88	3/12	Marcy Dreimiller	54 F	South Glens Fal	NY	33:43
8:26						
89	11/13	Paul Pruiksma	46 M	Greenwich	NY	33:46
8:27						
90	8/27	Karen Bentley	41 F	Queensbury	NY	33:48
8:27						
91	7/10	Robert Morganson	56 M	Lake Placid	NY	33:57
8:30						
92	7/22	Kelly Buckley	37 F	Ballston Spa	NY	34:00
8:30						
93	10/22	Will McGivney	51 M	Diamond Pt	NY	34:05
8:32						

8:36	94	5/8	Jason Cahill	29 M	glens falls	NY	34:22
8:36	95	9/27	Colleen Brown	42 F	Ticonderoga	NY	34:25
8:37	96	1/4	Eduardo Munoz	71 M	Olmsteadville	NY	34:25
8:38	97	2/4	David Forbes	67 M	Argyle	NY	34:29
8:41	98	5/9	Donald Yeaton	62 M	Hudson Falls	NY	34:42
8:42	99	7/9	Dan Wagner	38 M	Ballston Lake	NY	34:46
8:44	100	11/22	Shawn Hayes	50 M	Ticonderoga	NY	34:55

Page 3

Polar Cap Run  
4 Mile Race  
Lake George, NY  
2/1/2014

Results by Do Right Timing  
posted on [www.coolrunning.com](http://www.coolrunning.com)  
posted on [www.adirondackrunners.org](http://www.adirondackrunners.org)

Place	Div/Tot	Name	Age	S	City	St	W	Time
Pace								
=====	=====	=====	=====	=====	=====	=====	=====	=====
=====								
8:45	101	2/6	Sydney Dennison	16 F	queensbury	NY		34:57
8:45	102	7/10	Scott Boucher	34 M	Hudson Falls	NY		34:59
8:45	103	1/6	Judy Beers	60 F	Lake George	NY		34:59
8:45	104	8/9	Will Ramsey	37 M	Wilton	NY		34:59
8:47	105	4/12	Leslie Addison	52 F	No Bennington	VT		35:05
8:48	106	1/15	Vivienne Saunders	34 F	Hadley	NY		35:10
8:50	107	11/15	Bob Carpenter	40 M	Queensbury	NY		35:19
8:52	108	6/21	Andrea Barlow	27 F	Clifton Park	NY		35:26
8:52	109	3/4	Terry Smith	66 M	Galway	NY		35:27
8:54	110	5/23	Rebecca Weiderman	45 F	johnstown	NY		35:33
8:54	111	2/15	STEPHANIE PHILLIPS	30 F	SARATOGA SPRING	NY		35:33
8:54	112	12/22	John Stevens	54 M	saratoga spring	NY		35:36

113	10/27	Tracy Watson	44 F	Johnsburg	NY	35:37
8:55						
114	11/27	Kristin Olmstead	42 F	Hudson Falls	NY	35:42
8:56						
115	3/15	Rachel Forbes	31 F	Ballston Spa	NY	35:42
8:56						
116	12/27	Sonja LaPointe	43 F	Queensbury	NY	35:50
8:58						
117	7/21	Rachelle Black	24 F	Warrensburg	NY	35:52
8:58						
118	8/10	Eric Parker	57 M	Johnstown	NY	35:55
8:59						
119	6/8	Steven Waite	23 M	Hudson falls	NY	35:55
8:59						
120	5/12	Donna Waite	52 F	Hudson Falls	NY	35:57
9:00						
121	13/27	Allison Fabian	41 F	west pawlet	VT	36:00
9:00						
122	13/22	Walter Bishop	51 M	Granville	NY	36:09
9:03						
123	6/23	Denise Haraughty	48 F	Glens falls	NY	36:11
9:03						
124	2/6	Jill Pederson	63 F	Lake George	NY	36:19
9:05						
125	12/15	John Sullivan	42 M	Albany	NY	36:25
9:07						
126	2/6	Jen Kuzmich	55 F	Greenwich	NY	36:36
9:09						
127	14/27	karen linendoll	42 F	hudson falls	NY	36:41
9:11						
128	15/27	Hannah Barry	41 F	Glenmont	NY	36:45
9:12						
129	8/21	Cathleen Mallette	25 F	Ticonderoga	NY	36:46
9:12						
130	4/15	Bridget Crossman	34 F	Ft Edward	NY	36:47
9:12						
131	7/8	Patrick Thieringer	20 M	Saratoga Spring	NY	37:03
9:16						
132	9/21	Courtney Mahoney	26 F	niskayuna	NY	37:04
9:16						
133	16/27	Connie Simmes	41 F	Queensbury	NY	37:13
9:19						
134	9/9	Caleb Martin	38 M	Warrensburg	NY	37:28
9:22						
135	17/27	Ann Crossman	41 F	Queensbury	NY	37:28
9:22						
136	10/21	Jona Favreau	28 F	Troy	NY	37:29
9:22						
137	9/10	Michael Maguire	58 M	Ballston Lake	NY	37:34
9:24						
138	3/6	Victoria Eldridge	19 F	Saratoga Spring	NY	37:38
9:25						
139	5/15	Alison Archambault	31 F	Hudson Falls	NY	37:39
9:25						



159	6/12	Susan Granger	52 F	Queensbury	NY	38:55
9:44						
160	12/13	Robert Rouse	46 M	fort ann	NY	38:59
9:45						
161	9/10	David Moss	34 M	Queensbury	NY	39:00
9:45						
162	12/22	Danielle Menniti	38 F	Pompton Lakes	NJ	39:08
9:47						
163	12/21	Amanda Kiyanitsa	25 F	Ballston Spa	NY	39:09
9:48						
164	8/8	Andrey Kiyanitsa	27 M	Ballston Spa	NY	39:21
9:51						
165	13/21	Chelsea Berry	24 F	Southwick	MA	39:23
9:51						
166	14/15	Ed Stannard	40 M	Lake George	NY	39:25
9:52						
167	13/22	Jennie Blauvelt	38 F	#	NY	39:27
9:52						
168	3/6	Joyce Eaglestone	57 F	Queensbury	NY	39:37
9:55						
169	14/22	ANGIE LAUDER	35 F	GREENWICH	NY	39:39
9:55						
170	7/15	Heather Pauquette	31 F	Granville	NY	39:47
9:57						
171	6/9	Rick Eaglestone	61 M	Queensbury	NY	39:54
9:59						
172	16/22	Scott Ferri	50 M	Stillwater	NY	39:55
9:59						
173	7/12	Michele Dalbec	51 F	Mechanicville	NY	40:04
10:01						
174	17/22	Randy Dumas	54 M	Salem	NY	40:05
10:02						
175	15/22	Rebecca Abramson	39 F	Clifton Park	NY	40:06
10:02						
176	4/6	Darlene Cardillo	60 F	Delmar	NY	40:10
10:03						
177	4/6	Beverly Kratzert	56 F	Salem	NY	40:13
10:04						
178	5/6	Sue Nealon	63 F	Troy	NY	40:15
10:04						
179	19/27	Jennifer Gillotti	41 F	Wappingers Fall	NY	40:21
10:06						
180	10/23	Mary DeSantis	49 F	Glens Falls	NY	40:21
10:06						
181	8/12	Debbie Smith	50 F	Saratoga Spring	NY	40:45
10:12						
182	9/12	Cindy Steciuk	50 F	Queensbury	NY	41:08
10:17						
183	18/22	Paul Matte	54 M	Queensbury	NY	41:10
10:18						
184	14/21	Jenny Keane	23 F	Scotia	NY	41:19
10:20						
185	7/9	William Powers	60 M	Diamond Point	NY	41:24
10:21						





10:46	205	15/15	brian hawley	41 M	albany	NY	43:01
10:49	206	13/23	Judi Brown	48 F	Middle Granvill	NY	43:14
10:50	207	14/23	Kim Scott	49 F	queensbury	NY	43:19
10:52	208	5/6	Patti Shepard	55 F	Queensburg	NY	43:27
10:52	209	11/15	Kaitlin Long	30 F	Albany	NY	43:27
10:53	210	10/10	Robert Iuliano	32 M	Troy	NY	43:32
10:56	211	10/12	Kathy Chambers	53 F	Salem	NY	43:41
11:00	212	1/3	Candi Schermerhorn	67 F	Diamond Point	NY	43:57
11:04	213	19/22	April Higgins	35 F	Saratoga Spring	NY	44:15
11:09	214	25/27	Terri Butkowski	44 F	Lake George	NY	44:36
11:14	215	18/21	Ivayla Wadsworth	29 F	Queensbury	NY	44:55
11:14	216	11/12	Nancy Giard	50 F	Queensbury	NY	44:55
11:18	217	10/10	Peter Wuerdeman	57 M	Queensbury	NY	45:11
11:19	218	26/27	Lisa Robtoy	43 F	Enosburg Falls	VT	45:13
11:19	219	19/22	Stephen Obermayer	52 M	Burnt Hills	NY	45:15
11:20	220	15/23	Mary Rubin	49 F	Argyle	NY	45:17
11:24	221	27/27	Kathleen Tersigni	43 F	Burnt Hills	NY	45:36
11:26	222	12/15	Crystal Paul	31 F	Whitehall	NY	45:42
11:26	223	13/15	Jennifer Rahl-Dray	32 F	Queensbury	NY	45:43
11:29	224	14/15	Cynthia Morin	32 F	South Glens Fal	NY	45:54
11:29	225	2/3	Cathy Biss	66 F	Queensbury	NY	45:56
11:30	226	6/6	Beverly Butler	55 F	Gansevoort	NY	45:57
11:31	227	20/22	Kristen Wentworth	38 F	Queensbury	NY	46:04
11:37	228	20/22	Philip Moehringer	51 M	Gansevoort	NY	46:27
11:40	229	15/15	Randi Kitchner	31 F	Gansevoort	NY	46:39
11:45	230	16/23	Colleen Casey	45 F	Granville	NY	46:57
11:51	231	21/22	Courtney Wendell	35 F	Queensbury	NY	47:23

232	17/23	cheryl niedzwiecki	48 F	north clarendon	VT	47:35
11:54						
233	3/3	Linda Plante	65 F	Middle Grove	NY	48:19
12:05						
234	19/21	Jess Sims	25 F	Schenectady	NY	48:45
12:12						
235	21/22	Billy Whitney	51 M	Lake Placid	NY	48:45
12:12						
236	18/23	Kim StPierre	46 F	Enosburg	VT	49:06
12:17						
237	19/23	Sandra Honsinger	47 F	troy	NY	49:21
12:21						
238	12/12	Wendy Yeaton	50 F	Hudson Falls	NY	49:44
12:26						
239	22/22	John Loughlin	50 M	troy	NY	50:18
12:35						
240	2/4	Norm Marincic	78 M	Saratoga Spring	NY	50:37
12:40						
241	20/21	Molly Van Ullen	26 F	Latham	NY	50:51
12:43						
242	3/4	Ray Lee	71 M	Halfmoon	NY	51:12
12:48						
243	4/4	Ed Doucette	84 M	Bennington	VT	51:30
12:53						
244	22/22	Rebecca Holmes	36 F	Salem	NY	53:21
13:21						
245	9/9	Andrew DiPalma	64 M	Clifton Park	NY	53:33
13:24						
246	20/23	Amy Tifft	46 F	Salem	NY	54:35
13:39						
247	21/23	Colleen Bates	48 F	Wells	VT	57:09
14:18						
248	22/23	Maureen Bishop	46 F	Granville	NY	1:37:05
24:17						
249	21/21	Megan Killenberger	27 F	Duanseburg	NY	1:37:20
24:20						
250	23/23	Susan Pruiksma	46 F	Greenwich	NY	1:37:50
24:28						