

AGE-GROUP RESULTS

Polar Cap Run

4 Mile Race

Lake George, NY

2/1/2014

Results by Do Right Timing

posted on www.coolrunning.com

posted on www.adirondackrunners.org

MALE AGE GROUP: 1 - 19

1	7	Keith Williams	17	Saratogha Springs	NY	24:18
2	22	Luke Ducharme	18	Brushton	NY	27:56
3	73	Eric Dumas	15	Salem	NY	32:29
4	80	JOEY LAUDER	14	GREENWICH	NY	33:05

FEMALE AGE GROUP: 1 - 19

1	101	Sydney Dennison	16	queensbury	NY	34:57
2	138	Victoria Eldridge	19	Saratoga Springs	NY	37:38
3	142	Kerry Meehl	17	Queensbury	NY	37:48
4	143	Brooke Matte	17	Queensbury	NY	37:53
5	153	Alex Buffoni	19	lake george	NY	38:33

MALE AGE GROUP: 20 - 29

1	5	Tim Russell	24	Saratoga Springs	NY	23:42
2	27	Hunter Godeck	25	Saratoga Springs	NY	28:55
3	41	Chris Mack	29	Brandon	VT	29:59
4	57	Joseph Spencer	27	hagaman	NY	31:15
5	94	Jason Cahill	29	glens falls	NY	34:22
6	119	Steven Waite	23	Hudson falls	NY	35:55
7	131	Patrick Thieringer	20	Saratoga Springs	NY	37:03
8	164	Andrey Kiyanita	27	Ballston Spa	NY	39:21

FEMALE AGE GROUP: 20 - 29

1	51	Cassandra Conety	25	Shushan	NY	30:47
2	68	Angie Thomas	24	Saratoga Springs	NY	31:44
3	71	Rachel Meyers	25	ballston spa	NY	31:56
4	74	Lindsey Johnston-Br	25	rutlant	VT	32:33
5	108	Andrea Barlow	27	Clifton Park	NY	35:26
6	117	Rachelle Black	24	Warrensburg	NY	35:52
7	129	Cathleen Mallette	25	Ticonderoga	NY	36:46
8	132	Courtney Mahoney	26	niskayuna	NY	37:04
9	136	Jona Favreau	28	Troy	NY	37:29
10	150	Maryanne Robertson	27	greenwich	NY	38:17
11	163	Amanda Kiyanita	25	Ballston Spa	NY	39:09
12	165	Chelsea Berry	24	Southwick	MA	39:23
13	184	Jenny Keane	23	Scotia	NY	41:19
14	186	Rachel Barlette	26	latham	NY	41:28
15	196	Amy Harmon	28	W Paulet	VT	42:10
16	202	Kerri Burton	21	Fort Edward	NY	42:43
17	215	Ivayla Wadsworth	29	Queensbury	NY	44:55
18	234	Jess Sims	25	Schenectady	NY	48:45
19	241	Molly Van Ullen	26	Latham	NY	50:51
20	249	Megan Killenberger	27	Duanseburg	NY	1:37:20

MALE AGE GROUP: 30 - 34

1	4	Kevin Emblidge	30	Lake George	NY	23:29
2	6	Lou Pauquette	33	Granville	NY	24:05
3	20	Matthew Fryer	33	Clifton Park	NY	27:36
4	64	Mark Holcomb	30	Saratoga Springs	NY	31:31
5	83	Randy Holmes	32	Salem	NY	33:18
6	102	Scott Boucher	34	Hudson Falls	NY	34:59
7	141	Brendon Kozlowski	33	Saratoga Springs	NY	37:48
8	161	David Moss	34	Queensbury	NY	39:00
9	210	Robert Iuliano	32	Troy	NY	43:32

FEMALE AGE GROUP: 30 - 34

1	106	Vivienne Saunders	34	Hadley	NY	35:10
2	111	STEPHANIE PHILLIPS	30	SARATOGA SPRINGS	NY	35:33
3	115	Rachel Forbes	31	Ballston Spa	NY	35:42
4	130	Bridget Crossman	34	Ft Edward	NY	36:47
5	139	Alison Archambault	31	Hudson Falls	NY	37:39
6	144	Christina Lloyd	34	Northville	NY	37:58
7	170	Heather Pauquette	31	Granville	NY	39:47
8	190	Tracy Terry	33	Queensbury	NY	41:35
9	197	Nicole Howrigan	33	E Fairfield	VT	42:11
10	203	Alexis Flewelling	30	Queensbury	NY	42:43
11	209	Kaitlin Long	30	Albany	NY	43:27
12	222	Crystal Paul	31	Whitehall	NY	45:42
13	223	Jennifer Rahl-Dray	32	Queensbury	NY	45:43
14	224	Cynthia Morin	32	South Glens Falls	NY	45:54
15	229	Randi Kitchner	31	Gansevoort	NY	46:39

MALE AGE GROUP: 35 - 39

1	18	Joseph Genter	39	Saratoga Springs	NY	27:09
2	39	Jason York	35	hadley	NY	29:54
3	61	Jesse Howarth	38	Queensbury	NY	31:25
4	66	Shane Bleyenburg	38	Queensbury	NY	31:43
5	70	Daniel Wallace	38	Queensbury	NY	31:53
6	72	Brett Schermerhorn	36	Shelburne	VT	32:13
7	99	Dan Wagner	38	Ballston Lake	NY	34:46
8	104	Will Ramsey	37	Wilton	NY	34:59
9	134	Caleb Martin	38	Warrensburg	NY	37:28

FEMALE AGE GROUP: 35 - 39

1	40	Rebecca Conley	39	Northville	NY	29:59
2	42	Sarah Reed-Hauenste	36	Saratoga Springs	NY	30:04
3	49	Kerri Thomas	38	Middle Granville	NY	30:38
4	62	Lisa Plue	36	Saratoga Springs	NY	31:26
5	84	Michele Patsos	37	Baltimore	MD	33:20
6	92	Kelly Buckley	37	Ballston Spa	NY	34:00
7	145	Tanyette Hobbs	35	Clifton Park	NY	37:59
8	149	Megan Adams	36	Salem	NY	38:16
9	155	Brooke Morgan	37	Granville	NY	38:39
10	157	Justine Kinerson	39	Cambridge	VT	38:51
11	162	Danielle Menniti	38	Pompton Lakes	NJ	39:08
12	167	Jennie Blauvelt	38	#	NY	39:27
13	169	ANGIE LAUDER	35	GREENWICH	NY	39:39
14	175	Rebecca Abramson	39	Clifton Park	NY	40:06
15	199	Melissa Rose	35	Queensbury	NY	42:19
16	201	Cara Morocco	36	Clifton Park	NY	42:28
17	204	Megan Pliscofsky	35	South Glens Falls	NY	42:44

18	213	April Higgins	35	Saratoga Springs	NY	44:15
19	227	Kristen Wentworth	38	Queensbury	NY	46:04
20	231	Courtney Wendell	35	Queensbury	NY	47:23
21	244	Rebecca Holmes	36	Salem	NY	53:21

MALE AGE GROUP: 40 - 44

1	10	George Brown IV	43	Ticonderoga	NY	25:34
2	11	Jami Whitney	41	Granville	NY	26:10
3	12	Greg Ethier	40	Clifton Park	NY	26:11
4	29	David Smith	44	Lake Placid	NY	29:10
5	34	Joe Forbes	44	Hudson Falls	NY	29:34
6	38	Lance Decker	43	South Glens Falls	NY	29:51
7	78	Erin Commerford	43	Clifton Park	NY	32:52
8	79	Keith Cottone	42	Queensbury	NY	32:58
9	87	Matthew Miner	41	Lake George	NY	33:41
10	107	Bob Carpenter	40	Queensbury	NY	35:19
11	125	John Sullivan	42	Albany	NY	36:25
12	147	Steven Cerrone	41	Queensbury	NY	38:13
13	166	Ed Stannard	40	Lake George	NY	39:25
14	205	brian hawley	41	albany	NY	43:01

FEMALE AGE GROUP: 40 - 44

1	24	Nicole Loscalzo	40	wells	VT	28:23
2	30	Joanne Burns	40	Queensbury	NY	29:11
3	46	Amy Gould	42	Hudson Falls	NY	30:30
4	59	Heather Benson	42	Glens Falls	NY	31:19
5	60	Kelly Collins	41	Queenbury	NY	31:20
6	67	Jody Monroe	43	Ballston Lake	NY	31:44
7	76	Heidi Whitney	40	Granville	NY	32:38
8	90	Karen Bentley	41	Queensbury	NY	33:48
9	95	Colleen Brown	42	Ticonderoga	NY	34:25
10	113	Tracy Watson	44	Johnsburg	NY	35:37
11	114	Kristin Olmstead	42	Hudson Falls	NY	35:42
12	116	Sonja LaPointe	43	Queensbury	NY	35:50
13	121	Allison Fabian	41	west pawlet	VT	36:00
14	127	karen linendoll	42	hudson falls	NY	36:41
15	128	Hannah Barry	41	Glenmont	NY	36:45
16	133	Connie Simmes	41	Queensbury	NY	37:13
17	135	Ann Crossman	41	Queensbury	NY	37:28
18	146	Wendy Pogonowski	43	queensbury	NY	38:11
19	179	Jennifer Gillotti	41	Wappingers Falls	NY	40:21
20	187	Mary Smith	41	Lake Placid	NY	41:30
21	188	Deanna Montague	44	Saratoga Springs	NY	41:33
22	192	Suzette Lescault	43	Corinth	NY	41:57
23	193	Tina Betit	42	Fair Haven	VT	41:59
24	195	Tammy Long	43	HADLEY	NY	42:07
25	214	Terri Butkowski	44	Lake George	NY	44:36
26	218	Lisa Robtoy	43	Enosburg Falls	VT	45:13
27	221	Kathleen Tersigni	43	Burnt Hills	NY	45:36

MALE AGE GROUP: 45 - 49

1	9	Johnny Tsunami	47	Truthville		25:19
2	16	Joe Nicoll	45	wilton	NY	26:31
3	19	David Wright	45	Greenwich	NY	27:20
4	25	Rob Sheftel	45	Troy	NY	28:35
5	28	Frank Stecluk	49	Queensbury	NY	28:59

6	50 Tom Mack	49 Wynantskill	NY	30:44
7	56 Patrick DiCerbo	47 Latham	NY	31:05
8	63 Paul Rogers	46 Johnstown	NY	31:30
9	77 Bryan Horan	46 Ballston Spa	NY	32:42
10	85 Brian Donohue	46 Queensbury	NY	33:38
11	89 Paul Pruiksma	46 Greenwich	NY	33:46
12	160 Robert Rouse	46 fort ann	NY	38:59
13	200 Mike Schin	48 Saratoga Springs	NY	42:23

FEMALE AGE GROUP: 45 - 49

1	48 Darci LaFave	46 Lake Placid	NY	30:38
2	55 Kim Johnson	46 Queensbury	NY	31:01
3	65 Patty Moore	47 Queensbury	NY	31:37
4	86 lisa dennison	48 queensbury	NY	33:39
5	110 Rebecca Weiderman	45 johnstown	NY	35:33
6	123 Denise Haraughty	48 Glens falls	NY	36:11
7	151 Jacqueline White	47 Greenwich	NY	38:30
8	152 Sandy Demskie	45 Rock City Falls	NY	38:32
9	158 Tammy Moffitt	49 Queensbury	NY	38:52
10	180 Mary DeSantis	49 Glens Falls	NY	40:21
11	189 Yoly Murray	46 Queensbury	NY	41:35
12	198 Nancy Chapman	45 Fort Edward	NY	42:15
13	206 Judi Brown	48 Middle Granville	NY	43:14
14	207 Kim Scott	49 queensbury	NY	43:19
15	220 Mary Rubin	49 Argyle	NY	45:17
16	230 Colleen Casey	45 Granville	NY	46:57
17	232 cheryl niedzwiecki	48 north clarendon	VT	47:35
18	236 Kim StPierre	46 Enosburg	VT	49:06
19	237 Sandra Honsinger	47 troy	NY	49:21
20	246 Amy Tifft	46 Salem	NY	54:35
21	247 Colleen Bates	48 Wells	VT	57:09
22	248 Maureen Bishop	46 Granville	NY	1:37:05
23	250 Susan Pruiksma	46 Greenwich	NY	1:37:50

MALE AGE GROUP: 50 - 54

1	8 William Venner	54 Granville	NY	24:26
2	14 Tiim Bardin	52 Queensbury	NY	26:25
3	15 Sam Mercado	51 Wilton	NY	26:29
4	17 Steve VanDixhorn	51 Moreau	NY	26:35
5	32 Gary Guilfoyle	50 Ballston Spa	NY	29:18
6	35 Mike Smith	50 Argyle	NY	29:43
7	37 Paul Stevens	53 Saratoga Springs	NY	29:46
8	45 Gerry Florio	51 Glens Falls	NY	30:24
9	82 Jim Sullivan	53 No Bennington	VT	33:12
10	93 Will McGivney	51 Diamond Pt	NY	34:05
11	100 Shawn Hayes	50 Ticonderoga	NY	34:55
12	112 John Stevens	54 saratoga springs	NY	35:36
13	122 Walter Bishop	51 Granville	NY	36:09
14	140 Eric Clark	50 Waterford	NY	37:39
15	154 james buffoni	53 lee	MA	38:36
16	172 Scott Ferri	50 Stillwater	NY	39:55
17	174 Randy Dumas	54 Salem	NY	40:05
18	183 Paul Matte	54 Queensbury	NY	41:10
19	219 Stephen Obermayer	52 Burnt Hills	NY	45:15
20	228 Philip Moehringer	51 Gansevoort	NY	46:27

21	235	Billy Whitney	51	Lake Placid	NY	48:45
22	239	John Loughlin	50	troy	NY	50:18

FEMALE AGE GROUP: 50 - 54

1	52	Janice Phoenix	52	Schenectady	NY	30:49
2	81	Sandy Adams	54	Shushan	NY	33:11
3	88	Marcy Dreimiller	54	South Glens Falls	NY	33:43
4	105	Leslie Addison	52	No Bennington	VT	35:05
5	120	Donna Waite	52	Hudson Falls	NY	35:57
6	159	Susan Granger	52	Queensbury	NY	38:55
7	173	Michele Dalbec	51	Mechanicville	NY	40:04
8	181	Debbie Smith	50	Saratoga Springs	NY	40:45
9	182	Cindy Steciuk	50	Queensbury	NY	41:08
10	211	Kathy Chambers	53	Salem	NY	43:41
11	216	Nancy Giard	50	Queensbury	NY	44:55
12	238	Wendy Yeaton	50	Hudson Falls	NY	49:44

MALE AGE GROUP: 55 - 59

1	26	mike regan	57	queensbury	NY	28:46
2	36	Kirk Fasking	56	Lake Placid	NY	29:44
3	47	Christopher Kunkel	57	Pottersville	NY	30:34
4	53	nick lamando	55	queensbury	NY	30:50
5	54	Roy Mowrey	55	Johnstown	NY	30:59
6	75	Thomas Behlmer	56	Queensbury	NY	32:35
7	91	Robert Morganson	56	Lake Placid	NY	33:57
8	118	Eric Parker	57	Johnstown	NY	35:55
9	137	Michael Maguire	58	Ballston Lake	NY	37:34
10	217	Peter Wuerdeman	57	Queensbury	NY	45:11

FEMALE AGE GROUP: 55 - 59

1	43	Kitty Fair	57	Fort Ann	NY	30:13
2	126	Jen Kuzmich	55	Greenwich	NY	36:36
3	168	Joyce Eaglestone	57	Queensbury	NY	39:37
4	177	Beverly Kratzert	56	Salem	NY	40:13
5	208	Patti Shepard	55	Queensburg	NY	43:27
6	226	Beverly Butler	55	Gansevoort	NY	45:57

MALE AGE GROUP: 60 - 64

1	31	Dennis Fillmore	61	Ballston Spa	NY	29:14
2	33	Mark Sager	63	Kattskill Bay	NY	29:32
3	44	Rich Elton	61	Queensbury	NY	30:16
4	58	Rich Tanchyk	62	Saratoga Springs	NY	31:15
5	98	Donald Yeaton	62	Hudson Falls	NY	34:42
6	171	Rick Eaglestone	61	Queensbury	NY	39:54
7	185	William Powers	60	Diamond Point	NY	41:24
8	194	Rick Morgan	61	Stillwater	NY	42:03
9	245	Andrew DiPalma	64	Clifton Park	NY	53:33

FEMALE AGE GROUP: 60 - 64

1	103	Judy Beers	60	Lake George	NY	34:59
2	124	Jill Pederson	63	Lake George	NY	36:19
3	148	Andrea Halnon	60	Lincoln,	VT	38:14
4	176	Darlene Cardillo	60	Delmar	NY	40:10
5	178	Sue Nealon	63	Troy	NY	40:15
6	191	Cheryl Kirkendall	62	Latham	NY	41:55

MALE AGE GROUP: 65 - 69

1	69	Tom Craigs	65	Manchester Center	VT	31:45
2	97	David Forbes	67	Argyle	NY	34:29

3	109	Terry Smith	66	Galway	NY	35:27
4	156	Jim Callahan	69	Saratoga Springs	NY	38:48
FEMALE AGE GROUP: 65 - 69						
1	212	Candi Schermerhorn	67	Diamond Point	NY	43:57
2	225	Cathy Biss	66	Queensbury	NY	45:56
3	233	Linda Plante	65	Middle Grove	NY	48:19

MALE AGE GROUP: 70 - 99

1	96	Eduardo Munoz	71	Olmsteadville	NY	34:25
2	240	Norm Marincic	78	Saratoga Springs	NY	50:37
3	242	Ray Lee	71	Halfmoon	NY	51:12
4	243	Ed Doucette	84	Bennington	VT	51:30

FEMALE AGE GROUP: 70 - 99