

# The DACC 11th Annual 5K Dash



**Fulmont RRC  
Grand Prix Race**

**Food and Fun for the  
whole Family**

**Date:**

May 17, 2015

**Times:**

Kids Fun Run-8:30am

5K Walk/Run-9am

**Place:**

221 Victoria Drive, Delanson, NY 12053

**Rain or Shine!!!**

**To Enter:**

- \$20 entry fee/\$25 day of race (Walk/Run)
- \$6 Fun Run/All receive a ribbon
- WWW.ACTIVE.COM

OR

- Send Registration portion below only  
to above address

**Contact Person:**

Darcie Adams

dadams@dacc.info 518-895-9500 x114

**Awards 3 Deep in 8  
age groups NO Du-  
plicates**

***Age Groups***

9 & under 40-49

10-19 50-59

20-29 60-69

30-39 70 & up

**DACC Race Souvenir**

For 1<sup>st</sup> 50

**PRE-REGISTERED**

5K Runners/  
5K Walkers

**Please Print- (One person per form)**

**Name** \_\_\_\_\_

**Sex** \_\_\_\_\_ **Age** (as of 5/17/15) \_\_\_\_\_

**Address** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Email** \_\_\_\_\_

**Please choose race to enter:** 5K Walk      5K Run      Kids Run

**(circle one above)**

In consideration of your accepting this entry, I the undersigned, intending to be legally bound, hereby, for myself, my heirs, ex-ecutors, and administrators, waive and release any and all rights and claims for damages I might have against the Duanesburg Area Community Center (DACC), and any officials or promoters of this event and assign for all injuries suffered by me in said event. I attest and verify that I am physically fit and have sufficiently trained for the completion of the walk or run.

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Parent Signature (if participant is under 18)**