

Amsterdam Cross Country  
*Track Race & Family Fun Runs*  
May 28th, 2014 @ Amsterdam H.S. Track @ 6pm

Fun Runs

- Kids of all ages compete in short "dash" races
- All kids receive ribbons
- All kids run free!!

TRACK RACE

- 1 mile race
- Part of the FMRRC grand prix series
- Medals to top 10 male and female finishers
- \$5.00 entry fee

\*All Proceeds to Benefit A.H.S. Ram Express Cross Country Team

\*\*Race Sponsor **Amsterdam Carburetor and Electric**

\*\*\*For more information contact Stu Palczak #791-6373

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